DISHES AND THEIR ALLERGEN CONTENT (including May Contain) - Millbrook Combined School - Updated Oct 2024

DISHES	CONTAINS NONE 0F THE 14 ALLERGEN						Lupin Flour	Milk		MUSTARD			SSEAM		Soer WRE
		Celery	Cereals containing gluten	Crustacea ns	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Baked Beans	1														
Battered Chicken Fillet		1	1												
BBQ Chicken	✓														
Blueberry Muffin			1		1			✓							
Bread Rolls White/Brown			1												
Bolognaise Beef	✓														
Breaded Fish			1			✓									
Carrots	✓														
Carrots & Swede	✓														
Cauliflower and Broccoli	1														
Cheese								✓							
Cheesy Pasta			1					✓		1					
Chicken Sausage			✓												✓
Chicken Curry								1							
Chinese Noodles			✓		1										
Chocolate Eclair			1		1			✓						1	

Chocolate Ice- cream								1							
DISHES	CONTAINS NONE 0F THE 14 ALLERGEN						Lupin Flour	Milk		MUSTARD			SSAM		Beer WNE
		Celery	Cereals containing gluten	Crustacea ns	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chocolate Muffins			1		1			✓						✓	
Coleslaw					1										
Curly Fries	1														
Custard								1							
Fish Cakes			1			1									
Fish Fingers			1			1									
Fresh Watermelon	1														
Fruit Cocktail Salad	1														
Garlic Bread			✓												
Gingerbread Man			✓												
Gravy Vegan	✓														
Jacket Potato	✓														
Jacket Wedges	1														
Jam Doughnuts			1											✓	
Jelly Orange	1														
Jelly Raspberry	✓														
Jelly Strawberry	1														

DISHES	CONTAINS NONE 0F THE 14 ALLERGEN						Lupin Flour	Milk		MUSTARD					Beer WINE
		Celery	Cereals containing gluten	Crustacea ns	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Macaroni Cheese			✓					✓		✓					
Mashed Potato								✓							1
Medley Vegetables	1														
Mixed Yoghurts								✓							
Mexican Rice	✓														
New Potatoes	1														
Oreo Biscuit			1											1	
Oven Chips	1														
Peas	1														
Penne Pasta			1												
Pitta Bread			1												
Pork Sausages			✓												1
Quorn Chilli Con Carne			✓		1										
Quorn Nuggets			1												
Quorn Roast					1			✓							
Quorn Sausage			1		1			✓							
Rice	✓														
Roast Beef	1														

DISHES	CONTAINS NONE 0F THE 14 ALLERGEN						Lupin	Milk		MUSTARD			ISSAM O.		Baor WINE
		Celery	Cereals containing gluten	Crustacea ns	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast Chicken	✓														
Roast Potatoes	✓														
Roast Turkey	1														
Soreen Bar			1												
Southern Fried Quorn			1		1			1							
Spaghetti Hoops			1												
Spaghetti Pasta			1												
Sticky Toffee Pudding			1		1			1						✓	1
Strawberry Ice- Cream								1							
Strawberry Sauce	1														
Sweet and Sour Chicken		1													
Tomato and Cheese Pasta			1					1							
Tuna and Sweetcorn Pasta			1			1		1		1					
Tuna Mayo					1	1									
Vegan Fishless Fingers			1												
Waffles Sweet			1		1			1						1	
Wraps			1												
Yorkshire Puddings			1		1			1							